

Scientific Committee

Siren Sezer, MD

Prof of Nephrology and Internal Medicine
Baskent University Ankara, Turkey

Juan Jesus Carrero, PhD

Associate Professor in Renal Medicine Karolinska Institutet,
Stockholm, Sweden

Alp İközler, MD

Prof of Medicine
Vanderbilt University, Medical Center, Nashville, USA

Denis Fouque, MD, PhD

Professor of Nephrology
Chair, European Renal Nutrition working group
Hospital Lyon Sud-Université de Lyon, France

Turgay Arınsoy, MD

Prof of Nephrology and Internal Medicine
Gazi Üniversitesi, Ankara, Turkey

Speakers and Chair-persons

Turgay Arınsoy
Ankara, Turkey

Vincenzo Bellizzi
Salemo, Italy

Elif Arı Bakır
İstanbul, Turkey

Siren Sezer
Ankara, Turkey

İbrahim Karayaylalı,
Adana, Turkey

Müge Değer
Ankara, Turkey

Alp İközler
Nashville, USA

Neslihan Seyrek
Adana, Turkey

Soner Duman
İzmir, Turkey

Philippe Chauveau
Bordeaux, France

Daniel Teta
Lausanne, Switzerland

Gül Kızıltan
Ankara, Turkey

Juan Jesus Carrero
Stockholm, Sweden

Bülent Tokgöz
Kayseri, Turkey

General Information

Date

October 18-19 2017

Venue

Kaya Palazzo Otel & Kongre Merkezi
Belek Turizm Merkezi, Üçkum Tepesi Mevkii, Belek - Antalya, Turkey

URL: www.kayahotels.com

Registration

Registration to the meeting is free of charge limited to 200 attendees.
Registration includes: Name badge, teaching materials, coffee breaks
International travel grants for young nephrologists by ERA-EDTA will be available
(ERA-EDTA website)

Accommodation

Accommodation and transfer for the airport can be provided by the
organising agent. For further information please contact Serenas
International Organization Inc.



Serenas International Tourism
Congress Organization Inc.



Phone : +90 312 440 50 11

Fax : +90 312 441 45 63

URL : www.serenas.com.tr

E-mail : info@nefroloji2017.org

Organized By:



Leading European Nephrology



3rd International Conference of European Renal Nutrition Working Group of ERA-EDTA

Protein energy wasting and kidney
disease; therapeutic challenges
and opportunities



October 18-19, 2017

Kaya Palazzo Hotel, Belek, Antalya, Turkey

Welcome Message

Chronic kidney disease (CKD) is a global health problem with a high economic cost to health systems. CKD is associated with increased risks of cardiovascular morbidity, premature mortality, and/or decreased quality of life. The purpose of medical nutrition therapy for CKD is to maintain good nutritional status, slow progression, to prevent and to treat complications. The nutritional treatment strategy must change according to the severity of kidney disease, comorbid conditions and selection of renal replacement therapy.

The loss of renal function and the progression towards end-stage renal disease can be attenuated with appropriate multifactorial pharmacological and nutritional interventions. A multitude of factors related to uremia, comorbid conditions and renal replacement therapy can affect the nutritional status of CKD patients and lead to the development of malnutrition. The European Renal Nutrition (ERN) Working Group of the ERA-EDTA, aims at increasing awareness on the importance of nutritional disorders in CKD and their optimal management to ensure better patient outcomes.

In this third international conference of the ERN, we will provide an in-depth exposition of nutritional management strategies in non-dialysis CKD and dialysis patients. We will cover nutritional strategies to retard progression and address nutritional management in acute and chronic kidney disease. Additionally we will discuss how nutritional approach can change in elderly or diabetic patients, under different dialysis modalities and in patients with protein energy wasting.

A complex therapeutic approach is needed for the nutritional management of CKD with collaboration of a multidisciplinary team, including nephrologists, nutritionists, endocrinologists and dietitians. This scientific conference is addressed to these professionals.

Credits:

An application has been made to the EACCME for CME accreditation of the 3rd International Conference of the European Renal Nutrition Working Group of ERA-EDTA

Scientific Program

October 18, Hall 2

13.30-15.30 **Welcome ERN and TSN:** *Turgay Arınsoy, Siren Sezer*

13.30-13.55 **Why is nutrition important in chronic kidney disease?**
Alp İkişler

13.55-14.20 **How PEW appears: etiology and mechanisms**
JJ Carrero

14.20-14.45 **Screening and assessment of nutritional status in CKD; when and how?**
Philippe Chauveau

14.45-15.10 **Prevalence and clinical implications of PEW in CKD**
JJ Carrero

15.10-15.30 **Discussion**

15.30-15.45 **Break**

15.45-17.00 **Preservation of renal function: The Role of Diet and Dietary Interventions**

Chairpersons: *Ibrahim Karayaylali, JJ Carrero*

15.45-16.10 **Dietary practices in patients with chronic kidney disease not yet on maintenance dialysis: What are the relevant components?**
Alp İkişler

16.10-16.35 **Role of low protein diets in chronic kidney disease**
Vincenzo Bellizzi

16.35-16.50 **Use of nutritional supplements in patients with chronic kidney disease not yet on maintenance dialysis**
Siren Sezer

16.50-17.00 **Discussion**

17.00-17.15 **Break**

17.15-19.00 **Nutritional considerations in specific populations with CKD**

Chairpersons: *Neslihan Seyrek, Gül Kızıltan*

17.15-17.40 **Optimal nutrition in the elderly CKD patient**
Philippe Chauveau

17.40-18.05 **Nutritional management during acute kidney injury**
Alp İkişler

18.05-18.30 **Optimal nutrition in the diabetic patient with CKD**
Daniel Teta

18.30-19.00 **Discussion**

Scientific Program

October 19, Hall 2

08:30-10:00 **Nutritional support in kidney disease**
Chairpersons: *Philippe Chauveau, Bulent Tokgöz*

08.30-08.50 **Nutritional support in advanced kidney disease: Role of oral and parenteral nutrition.**
Alp İkişler

08.50-09.10 **Exercise and anabolic therapies in CKD**
Daniel Teta

09.10-09.30 **Making nutrition restrictions compatible with daily life**
Siren Sezer

09.30-09.50 **Salt balance in CKD**
Vincenzo Bellizzi

09.50-10.00 **Discussion**

10.00-10.30 **Coffee Break**

10:30-11.30 **Nutritional cases with CKD**

Chairpersons: *Daniel Teta, Vincenzo Bellizzi*

10.30-10.45 **Predialysis**
Elif An Bakır

10.45-11.00 **Hemodialysis**
Müge Değer

11.05-11.15 **Peritoneal Dialysis**
Soner Duman

11.15-11.30 **Discussion and farewell**

